



Individual Health Plans and Individual Health Care Plans

Individual Health Plans (IHPs), also referred to as an Individual Health Care Plans (IHCPs), are formal written agreements between school administrators and parents that address medical concerns that do not affect a student's ability to learn.

Such plans document students' health needs, including accommodations necessary to keep food-allergic students safe at school and during school-sponsored activities and events, and instructions for treating an allergic reaction. An IHP also outlines the different responsibilities of the student, parent(s), and specific school staff members. IHPs are not governed by federal law, and it is unlikely that they are afforded any protection under state law.

FAACT

According to the Centers for Disease Control and Prevention (CDC), the prevalence of food allergies rose 50 percent between 1997 and 2011. It is important that students with food allergies are provided the appropriate accommodations to ensure the safety and inclusion necessary for them to have equal access to education.
